UNDER HIS WINGS

*My soul is quiet and waits for God alone. My hope comes from Him.* He alone is my rock and the One who saves me. He is my strong place. I will not be shaken.

*Trust in Him at all times, O people. Pour out your heart before Him. God is a safe place for us.*

Psalm 62:5-6; 8 (NLT)

David wrote Psalm 62 at a time when his life was threatened. In the midst of danger, he expressed his confidence in God as his only salvation and refuge. Notice in the verses above: he talked about God *alone* being His hope, His rock, His salvation. God *alone* was his strength—even when things were at their worst.

Can we too believe that, in the midst of the chaos we’re living in today? We must try.

The trouble is that although we fully believe that God is there for us and although we fully believe He loves us, we too often bypass Him as the first to go to when we need to talk. We forget to go to Him who is best equipped to help us at a chaotic time like the one we are living in today. The only one

Pour out your feelings and pain at what’s happening to the God who loves you. Although you’ll be sharing with the people around you, don’t forget to go beyond them, to Him who controls our destiny.

God has the ears to hear you. He is always there for you—never too busy to listen as you pour out your heart to Him. He loves you, more than anyone else. With Him—under the shelter of His wings—you will find refuge.

As you draw close to Him, He will give you the place of comfort you need. Don’t keep your anxieties, confusion and pain pent up inside. Tell God about them. He will hear and give you peace. Connect with Him.

He alone is our refuge. Our strength comes from Him.

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